Remedies for strength of immunity, for healing, and clearing.

There's an opportunity to protect yourself for possible threats to your immune system. The following information offers a good number of remedies for prevention of, and recovery from infection.

As a certified health-food nutritionist, I'm sharing this documentation with you.

I can't reveal my name, due to the fact that censorship of my work is a possibility.

In Britain visitors of Covid-19 patients, used chocolate bars to hide Ivermectin tablets in it, so that they were able to smuggle it into the hands of the patient. Within 3 days these patients recovered enough to be able to go home. I've seen the video-reports on YouTube. Many orders are sent from India and China, where the production has risen high, due to its beneficial effect, neutralizing viruses. Ivermectin is used for river blindness, a parasitic disease, in Africa, and it's used to treat horses, and other farm animals, affected by worms or other parasites.

You'll be able to inform yourself here:

Ivermectin: Could Population-Wide Distribution Have Prevented China's Recent Mass COVID Outbreak? (theepochtimes.com)

Chlorine Dioxide – an oxidiser

Personally I'm experienced with Chlorine Dioxide alias MMS, Quercetin, and NAC. For my kittens' aches and pains, and as a (preventive) remedy in risky times for myself.

The use of Chlorine Dioxide is known in the disinfection of surgical tools, and in the preservation of food products, such as vegetables and fruit. As a remedy for the cure of infection, it's hugely debunked since the 70's, and during the Pandemic years, especially since people use it to protect themselves against Covid -19 infection, and the removal of poisonous substances in the mRNA vaccines.

In Bolivia, the government has officially acknowledged Chlorine Dioxide as a remedy, legally used in hospitals, where Covid-19 patients with the early symptoms of it are treated, recovering quickly. A German scientist, Andreas Kalcker, works in Bolivia, teaching about the use of MMS in gas form. Presenting videos and training online. https://andreaskalcker.com/en/

Apart from MMS curing many Covid-19 patients from the clogging up of the lungs, due to the progress of infection, Ivermectin has proven a great remedy to stop the infection of Covid-19, before shortage of breath begins to appear, also restoring the normal level of oxygen in the blood, while patients are connected to a ventilator for oxygen.

Nutrition Protocol to Deactivate & Neutralize Graphene Oxide

katrinah.com/nutrition-protocol-to-neutralize-graphene-oxide/

Excerpt from the above link

[Quote) Most people prefer Chlorine Dioxide (CDS) to de-magnetize the body and NAC along with fennel and star anise teas or white pine tea.

Chlorine dioxide neutralizes the spikes.

NAC or Glutathione neutralizes the Graphene Oxide, as well as spikes to some extent. For protection, I will alternate use of Chlorine dioxide and NAC [end of quote]

The term NAC stands for N Acetyl Cysteine, a natural supplement building anti - oxidants in the body. It's a concentrated substance of Glutathione.

That's present in a variety of foods, also a good supply of it is in bone broth. See the picture below:



Gluthatione: in food products and broth of bones such as from a chicken.

In Britain visitors of Covid-19 patients, used chocolate bars to hide Ivermectin tablets in it, so that they were able to smuggle it into the hands of the patient. Within 3 days these patients recovered enough to be able to go home. I've seen the video-reports on YouTube. You'll be able to inform yourself as well.

MMS aka Chlorine Dioxide

Personally I'm experienced with Chlorine Dioxide, for my kittens' aches and pains, and as a (preventive) remedy in risky times for myself. So far so good.

The use of Chlorine Dioxide is known in the disinfection of surgical tools, and in the preservation of food products, such as vegetables and fruit. As a remedy for the cure of infection, it's hugely debunked since the 70's, and during the Pandemic years, especially since people use it to heal, and protect themselves against Covid -19 infection, plus the removal of poisonous substances in the mRNA vaccines.

In Bolivia, the government has officially acknowledged Chlorine Dioxide as a remedy, legally used in hospitals, where Covid-19 patients with the early symptoms of it are treated, recovering quickly. A German scientist, Andreas Kalcker, works in Bolivia, teaching about the use of MMS in gas form. Presenting video - training online: https://andreaskalcker.com/en/

Apart from MMS curing many Covid-19 patients from the clogging up of the lungs, due to the progress of infection, Ivermectine has proven a great remedy to stop the infection before shortage of breath begins to appear, also restoring the normal level of oxygen in the blood, while patients are connected to a ventilator for oxygen. Since Ivermectine is banned in Britain and in The Netherlands, this remedy finds a way through so called underground channels. From India and China, ordered online.

With a condition that calls for immediate treatment, such as poisoning or wounding of the body, with a risk of infection of the wounded tissue, treatment calls for an hourly repetition of a dose of MMS to a maximum of 8 times a day.

When you wish to move quickly, with the detoxification of the vaccine substances, you are advised to follow the daily 8 hour protocol. You will achieve full detoxification also by going a bit slower, it's not that going slower won't work. The cleansing will take a little longer, that's all. Doing a bath protocol with MMS works well also, apart from drinking the remedy.

The Health Recovery Guide can be ordered, also as an e-book: James V. Humble <u>sales@jhbooks.org</u> ISBN: 978-0-9908945-2-0 First Pre-Release Edition: Released June 2015

Please, pay attention: don't take all the helpful anti-oxidant supplements and a dose of MMS at the same time, for it won't work. MMS will neutralize the supplements effectiveness. Always keep 1,5 hour distance before, and after using Chlorine Dioxide, regarding food intake, drinks with Vit. C, supplements, coffee, alcohol, and any other form of medication. Don't use it when an implant of pacemaker or other essential non-organic objects are present in your body. It's better to stick to MMS intake only, for a while, maybe a few weeks, depending how you feel, followed by a daily intake of NAC, Quercetin, bone broth or other anti-oxidants when the condition has improved sufficiently. It's highly recommended to read the Health Recovery Guide first.

An extra bonus of NAC is, that it cleanses the lining of the gut, so that absorbing of nutrients is most efficient.

Here's where you can order the remedy Chlorine Dioxide <u>www.vitalundfitmit100.de</u> distributor for Europe.

You'll see the products clearly on the German site. If I'm right, they now also present the website in English. This company is under restrictive orders when it's about naming the remedy Chlorine Dioxide. Therefore, you will find the sets of bottles under the title `Wasseraufbereiting`, which is German for `Waterpurification`. I'm familiar with this company for many years, with good experiences and good service.

The important thing to know about this remedy, is that it's an oxidiser, removing toxic and non-organic substances from the body, so that the body can heal itself as a result of it. Also, it's important to be precise with the dosage, for it's not like `the more the better`. When people overdose, a Herxheimer effect shows up due to a detoxification in overdrive, causing a release of toxins into the bloodstream, which results in head ache, nausea, and joint pain.

Here's where you can buy Chlorine Dioxide from within the UK https://onenessdrops.com/shop/

The activator of Oneness Drops is citric acid, which creates a not so agreeable taste when the solution is made for drinking. It's useful in a bath, for which you find the protocol in the Guide for Health Recovery, a good start for an understanding of what Chlorine Dioxide is and does.

The German company offers Saline acid and Lactose acid (Milk origin) also, for activating MMS, apart from Citric Acid. I'm using Saline acid, which is 'Salzsaure' in German. (Salt origin) It tastes so much better.

The important thing to know about this remedy, is that it's an oxidiser, removing toxic and non-organic substances from the body, so that the body can heal itself as a result of it. Also, it's important to be precise with the dosage, for it's not like `the more the better`. When people overdose, a Herxheimer effect shows up due to a detoxification in overdrive, causing a release of toxins into the bloodstream, which results in head ache, nausea, and joint pain. I recommend reading Jim Humble's Health Recovery Guide.

Jim is now very old, he doesn't sell the remedy anymore. I've ordered my first bottles in 2011, and later ordered it from the German company.

Here's a newsletter from Jim Humble, from around April 2020: (Quote)

`The purpose of this newsletter is not to analyse or speculate what is behind all of this, or try to project where it is all going. As most would agree, we live in very unique times—whether you believe this and other similar outbreaks are part of a great conspiracy, or signs of the times according to Biblical predictions, or whatever other reason—I would like to say, it's a good time to have some MMS on hand and educate yourself in its use.

MMS (sodium chlorite activated with a food grade acid which then produces Chlorine Dioxide) kills most of the diseases of mankind. I don't know for sure about the coronavirus at this time—but we know that MMS kills viruses as well as pathogens of all kinds and is an immune system builder. There is much anecdotal evidence that says MMS has proven very effective in eradicating viruses including Ebola, Swine Flu, TB, and other respiratory diseases.

Chlorine Dioxide was completely effective against Anthrax in 2001, and used by US Military for Ebola in 2014. It's been proven by the Red Cross in 2012 to eradicate malaria in just four hours, to name a few. I have been receiving feedback for over 22 years from people all around the world who have given testimony of how they recovered their health from a vast variety of diseases, many life-threatening, with MMS. Therefore, I have every reason to believe it can be effective in stopping and preventing the current novel coronavirus going around today.

For more information and some important facts on MMS, as well as the history of MMS, go here:

- <u>https://miraclemineralsupplement-mms.com/mms/mms-some-history-of-</u>chlorine-dioxide/

- https://jimhumble.co/important-facts-regarding-mms

Again, I have reason to believe, MMS (chlorine dioxide), can be very effective in both preventing and eradicating the coronavirus. With the barrage of health issues in the world today, I would say, let MMS be your first line of defence. Why not be prepared for whatever may come your way? It's better to have it and not need it than to need it and not have it.

The point is, we never know when an emergency or "outbreak" of some illness is going to happen. Whether it is a stroke, or a heart attack, an accident or this year's epidemic. We need to be prepared ahead of time and not wait until it's too late. A great way to prepare is to educate yourself on MMS. The best way you can do this, in my opinion, is get the MMS Health Recovery Guidebook, available here: jhbooks.org

This book is a clear and concise guide to all you need to know in order to recover health with MMS, as well as how to strengthen your immune system by staying overall toxin free. So get the Guidebook, study it, familiarize

yourself with it and have MMS on hand.

Regarding the coronavirus, at this point in time if you have it, I would suggest trying MMS first as MMS has eradicated a wide range of maladies. In my own personal experience traveling around the world and helping people with many different diseases, I have to say there have been positive results at least 95% of the time. I would say those are pretty good odds. At this time MMS is being used by thousands and thousands of people in more than 185 countries.

Below are provisional steps one can take, a variation of my standard protocols and Health Recovery Plan, but something to try immediately in the case of coronavirus until you can get the MMS Health Recovery Guidebook.

Here's my suggestion:

MMS must be activated drop for drop with the activator. Mix the drops in a clean dry glass, count 30 seconds so the drops can activate—they should turn amber colour. After the 30 second count add 1/2 cup (4 ounces/120ml) of water, then immediately drink it down. (Do not leave this to sit for more than a few seconds, it must be taken immediately or it will begin to lose potency.)

First, take six activated drops of MMS in 1/2 cup of water. Wait one hour, and then take six more activated drops in 1/2 cup of water. That may do it. You will know within two hours if it killed the disease by how you feel. What to do next depends upon how those first two doses made you feel. Follow these next directions carefully:

Step 1. If you feel better after taking the two 6-drop doses of MMS, reduce your intake to 3 activated drops in 1/2 cup of water every hour for eight hours a day, until completely well.

You may want to continue this for up to 21 days, to be sure you are free of disease and as an overall detoxification of the body. Always take the MMS within seconds of mixing up the dose. Any time you should feel worse when taking MMS, proceed with Step 2 below.

Step 2. Any time after taking MMS activated drops you feel worse, cut your intake by one half but do not stop hourly doses. If you still feel worse cut your intake by one half again, but continue with hourly doses. Feeling worse after taking the MMS drops such as showing signs of nausea, diarrhea or headache is actually a sign that you are ridding your body of toxins.

It is called a Herxheimer reaction. It indicates you are killing the disease, but you are killing it too fast—the point is go slow enough so as not to make yourself unnecessarily uncomfortable. These suggestions are only to get you started should you come down with a life threatening virus.

You need the MMS Health Recovery Guidebook for complete instructions. There are more details and important things to know for getting well, such as do not take things that neutralize MMS such as coffee, tea, orange juice, milk, alcohol, things very high in antioxidants and so on, at the same time you take MMS doses.

I wrote the Guidebook with all the details in mind, I simply cannot repeat it all here—so get the book. In the MMS Health Recovery Guidebook, I have outlined a Health Recovery Plan which gives full instructions and protocols on how to handle other illness and disease.

If you do not have coronavirus, but you think you have been exposed, you might want to take two 6-drop doses of MMS, an hour apart. I would then suggest doing the Starting Procedure, followed by Protocol 1000, as a preventative measure and as an overall detoxification of your body.

And last, but not least, I recommend a daily maintenance dose of MMS for all. Full details of these protocols are found in the MMS Health Recovery Guidebook, available here:

The Health Recovery Guide can be ordered, also as an e-book: James V. Humble sales@jhbooks.org ISBN: 978-0-9908945-2-0 First Pre-Release Edition: Released June 2015

As mentioned above, educate yourself now—familiarize yourself with MMS today, don't wait until you are in the middle of a crisis. All the best and good fortune to you along the way,

Jim Humble

This is my disclaimer as it seems everyone must have a disclaimer nowadays:

I have shared certain views and opinions in the above Newsletter. I would follow this information myself if I had need, but everybody has to take responsibility for their own health. I am not a doctor. I do not diagnose, prescribe, treat, or cure. I merely provide information (for educational purposes) based on my experience and the experience of others.

I do not suggest anyone follow my advice without getting the advice of a qualified health professional, and then decide what you want to do about your own health. Again, each person must take responsibility for his/her own health. So, please do what you feel is best` (End of quote).

And so, after reading this document, you may feel that there's hope and remedies available for use, to strengthen your immune system and remove unwelcome substances from the body. I wish you good health!

